

Lost in Technology?

From Computer to Phone to Tablet.

We can help it all make sense.

A new drop-in session starting 21st January and running every Monday from 11am to 1pm to help people brush up on their computer, laptop, tablet or smartphone skills.

We all need to use some form of technology today, whether it's keeping in touch with friends, completing forms or just finding information. This friendly session can help the most tech phobia person understand and use modern technology.



**There's also support
for online Universal
Credit applications for
anyone aged 50 +**

Bring your own phone or tablet and we'll help you get to grips with it. Or we have equipment you can use.

In partnership with:



www.GTT.org.uk



RHEA is a community project working with and supporting anyone over 55 to live the best independent life possible in LS9.

RHEA is based at Richmond Hill Community Centre, Long Close Lane, Leeds, LS9 8NP. Tel 0113 248 5200

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